

FITNESS CLASSES @ HALYBURTON PARK

Register Online - www.halyburtonpark.com



Yoga - Monday Morning @ 9:00 a.m.

Sept. 11- Oct. 23 (7 weeks) Cost: \$52 Instructor: Aron

Gentle Yoga - Wednesday Morning @ 9:30 a.m.

This is a slow paced yoga class focusing on breathing, gentle yoga movements and postures, stretching and relaxation postures.

Sept. 6 - Oct. 25 (8 weeks) Cost: \$60 Instructor: Aron

Yoga - Wednesday Evening @ 6:30 p.m.

Sept. 6 - Oct. 25 (8 weeks) Cost: \$60 Instructor: Aron

Zumba - Wednesday Evening @ 5:30 p.m.

Sept. 6 - Oct. 25 (8 weeks) Cost: \$40 Instructor: Sara

**Pre-registration is required.
Call 341.0075 for more information.**