

Events

Under the Sea Scavenger Hunt

Saturday, July 13th
9am-1pm

Come and SEA what silly, salty fish friends you can discover at Fit For Fun! Explore the exciting watery depths and take home a special surprise for completing the scavenger hunt! We are sure to have a WHALE of a time!

Ages 5 & under

\$5 per child (included with general admission)
No pre-registration required.

Water Works

Friday, July 19th
9am-12pm

Ready for a day of Fit For Fun in the sun? Bring your swimsuit, towel, and a change of clothes, and be ready to dash and play in the sprinklers! Also cool off with some sweet, colorful ice pops!

Ages 5 & under

\$5 per child (included with general admission)
No pre-registration required.

Powerful Parents

Wednesday, July 24th
3-3:45pm

This 45-minute workout is comprised of strength training, cardio and core restoration for adults, all while entertaining little ones with songs, activities and fun!

Ages 2 & under (strollers welcome)
\$5 per adult, **pre-registration required.**

Fit For Fun Center

The Fit For Fun Center is an interactive facility for parents and children ages five and under.

We offer an age-appropriate play environment that encourages education, physical activity, social interaction and self-expression.

Our goal is to provide families an inclusive space for fitness, fun, and fellowship.

Adults and children under six months old play for free! Children 10 and older are permitted for free as parent helpers.

We have indoor play areas, an art room, snack tables and a fully fenced outdoor playground. Popular activities include music, painting, parachute play, and special events throughout the year.

Come visit us soon!

**302 S. 10th Street
Wilmington, NC 28401
910.341.4630
www.fitforfuncenter.com**

FIT for FUN Programs

July 2019

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HOURS:

Monday–Friday | 9am-12pm, 1-4pm
Saturday | 9am-1pm

ADMISSION:

\$5 per child per session
Ages 6 months – 5 years old

Fit For Fun Center Programs

7/1 – Parachute Play

Get ready to move, jump and shake around and watch the parachute go wild!

7/3 – Happy “Feet” of July!

Come create a patriotic masterpiece using your feet as the paint brush!

7/4 – CLOSED

7/5 – Music

Let’s make some joyful noise and have fun playing musical instruments!

7/9 – Shell Cleaning

Grab a shell and get scrubbing in this fun, soapy sensory activity!

7/11 – Movement!

Work out those wiggles! Let’s have fun and get moving!

7/13 – Under the Sea Scavenger Hunt

7/15 – Go Fish!

Fish, swish, got my wish! Come join in our fun card game!

7/17 – Anemone Neighborhood

Come join our funny sea friends and find a surprise!

7/19 – Water Works

7/23 – Obstacle Course

Over and under, down and around...Test your speed and have fun using large motor skills!

7/24 – Open 9-12, CLOSED 1-4

Powerful Parents 3-3:45pm
(pre-registration required)

7/25 – Bubbles! (weather permitting)

Enjoy our bubble machine outside at the playground and make your own bubbles!

7/29 – Musical Chairs

Compete for a seat and learn how to play musical chairs with us!

7/31 – Shark Tales Circle Time

July 2019

MON	TUES	WED	THUR	FRI	SAT
1 Parachute Play 10am & 2pm	2	3 Happy “Feet” of July! 10am & 2pm	4 CLOSED 	5 Music 10am & 2pm	6
8	9 Shell Cleaning 10am & 2pm	10	11 Movement! 10am & 2pm	12	13 Under the Sea Scavenger Hunt 9am-1pm
15 Go Fish! 10am & 2pm	16	17 Anemone Neighborhood 10am & 2pm	18	19 Water Works 9am-12pm	20
22	23 Obstacle Course 10am & 2pm	24 Open 9-12, CLOSED 1-4 Powerful Parents 3-3:45pm (pre-registration required)	25 Bubbles! 10am & 2pm	26	27
29 Musical Chairs 10am & 2pm	30	31 Shark Tales Circle Time 10am & 2pm			

Admission: \$5 per child per session

Ages 6 months – 5 years old

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