

## Events

No pre-registration required.

### Creature Feature: Frogs!

Wednesday, September 11th  
10am-12pm

\$5 per child (included with general admission)

Hop into Fit For Fun for a close-up view of some fabulous frogs! Did you know a frog is Fit For Fun's unofficial mascot?

### Fit For Fun's 20<sup>th</sup> Birthday!

Saturday, September 14<sup>th</sup>  
9am-1pm

Free admission day!

Hop on over to the coolest pad in town and help celebrate 20 "ribbit-ing" years at Fit For Fun! Our birthday party is sure to be "un-frog-etable" and everyone is invited! Come enjoy some birthday cake and help us open a gift: a brand new addition to the center!

### Health & Fitness Fair

Saturday, September 21<sup>st</sup>  
9am-2pm

This event hosted by the City of Wilmington's Boxing & Fitness Center next door will provide families with options for improving their health by utilizing budget friendly services from the City, local businesses and non-profits.

## Fit For Fun Center

The Fit For Fun Center is an interactive facility for parents and children ages five and under.

We offer an age-appropriate play environment that encourages education, physical activity, social interaction and self-expression. Our goal is to provide families an inclusive space for fitness, fun, and fellowship.

Adults and children under six months old play for free! Children 10 and older are permitted for free as parent helpers.

We have indoor play areas, an art room, snack tables and a fully fenced outdoor playground. Popular activities include music, painting, parachute play, and special events throughout the year.

***Come visit us soon!***

**302 S. 10<sup>th</sup> Street  
Wilmington, NC 28401**

**910.341.4630**

**[www.fitforfuncenter.com](http://www.fitforfuncenter.com)**

# FIT for FUN Programs

**September 2019**

302 S. 10th St.  
Wilmington, NC 28401  
910.341.4630  
[www.fitforfuncenter.com](http://www.fitforfuncenter.com)



### **HOURS:**

**Monday-Friday** | 9am-12pm, 1-4pm

**Saturday** | 9am-1pm

### **ADMISSION:**

\$5 per child per session

Ages 6 months – 5 years old

## Fit For Fun Center Programs

**9/2 – CLOSED for Labor Day**

**9/3 – Bubbles!** (weather permitting)

Enjoy our bubble machine outside on the playground and make your own bubbles!

**9/5 – Outdoor Easel Painting** (weather permitting)

Explore your artistic flair and join us outside for some easel painting fun!

**9/9 – Croc ‘n’ Roll**

Can you hop from lily pad to lily pad without being caught by the croc?

**9/11 – Creature Feature: Frogs!**

**9/14 – Fit For Fun’s 20<sup>th</sup> Birthday!**

**9/17 – Music**

Let’s make some joyful noise and have fun playing musical instruments!

**9/19 – Go Fish!**

Fish, swish, got my wish! Come join in our fun fishing games!

**9/21 – Health & Fitness Fair**

**9/23 – Bean Bag Games**

Practice your hand-eye coordination with these fun bean bag games on the first day of fall!

**9/25 – Parachute Play**

Get ready to move, jump and shake around and watch the parachute go wild!

**9/27 – Music**

Let’s make some joyful noise and have fun playing musical instruments!

# September 2019

MON	TUES	WED	THUR	FRI	SAT
2 <b>CLOSED</b> 	3 <b>Bubbles!</b> 10am & 2pm	4	5 <b>Outdoor Easel Painting</b> 10am & 2pm	6	7
9 <b>Croc ‘n’ Roll</b> 10am & 2pm	10	11 <b>Creature Feature: Frogs!</b> 10am-12pm	12	13	14 <b>Fit For Fun’s 20<sup>th</sup> Birthday!</b> 9am-1pm (free!)
16	17 <b>Music</b> 10am & 2pm	18	19 <b>Go Fish!</b> 10am & 2pm	20	21 <b>Health &amp; Fitness Fair</b> 9am-2pm
23 <b>Bean Bag Games</b> 10am & 2pm <i>1<sup>st</sup> Day of Fall!</i>	24	25 <b>Parachute Play</b> 10am & 2pm	26	27 <b>Music</b> 10am & 2pm	28
30					

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