

Sherriedale Morgan Fitness Center

Reopening

Facility hours:

Monday - Wednesday: 6:00 am - 8:00 pm*

Thurs - Friday: 6:00 am - 7:00 pm

Saturday: 9:00 am - 12:00 pm

*From 8:00 am-9:00 am on weekdays will be reserved for vulnerable populations as defined below:

- Is 65 years of age or older
- Has a high-risk condition that includes: Chronic lung disease or moderate to severe asthma, heart disease with complications, compromised immune system, obesity - body mass index (BMI) of 30 or higher, Other underlying medical conditions, particularly if not well controlled, such as diabetes, renal failure or liver disease or sickle cell disease

Note: We will be closed from 10:00 am-11:00 am and 2:00 pm -3:00 pm each weekday for staff to disinfect the facility.

Safety Procedures for Reopening:

1. Face coverings: It is a State mandate that you must wear a face covering while in the facility. It may only be removed while you are in the middle of strenuous exercise.
2. Temperature checks and health screens will be done outside the front door. Anyone who answers yes to the questions or has a temperature of 100.4 or greater must leave and may not come back until they can answer no to all questions and have not had a fever for 24 hours without using temperature reducing medication.
3. Due to the health screening required to enter we are only allowing people to enter the gym at the top of each hour. For example, you may enter at 6:00 am, 7:00 am, 8:00 am, etc.
4. Social distancing of 6 feet must be adhered to while in the facility. We have rearranged and blocked off some of the equipment to help accomplish this. We will be rotating what equipment is blocked off each day so that various pieces of equipment can still be used.
5. For now, the classroom will remain closed and the class schedule will remain as is with some classes being held outside and some being virtual.
6. Each member will receive their own spray bottle of disinfectant upon entering the gym. Once you are finished you will turn your bottle in to staff on your way out.

Thank you in advance for following these guidelines so that we can keep everyone safe and healthy.